



1 in 4 of
your staff
will experience
Mental Health
Issues



FUSION
OCCUPATIONAL HEALTH

Do you need help Managing Mental Health in your Business?

Fusion Occupational Health are here.

We can provide a 4 hour workshop designed to inform and support senior colleagues with managing mental health in the work place.

We will provide your managers with the ability to understand and manage mental health in today's workplace, improving the **Mental Health & Wellbeing** of valued Employees.

The session aims to:

- Provide a **greater understanding** of mental health?
- Explore the **potential impact** that mental health issues have in the workplace and the difficulties that managers experience
- Discuss the **Manager's role** in mental health issues in the workplace
- Building Management Resilience – How to **build resilience** to prolonged mental health issues

Course Timings: 9.00 – 13.00 or 13.00 to 17.00

To book an in-house training course for your Managers, please contact Fusion Occupational Health at enquiries@fusionoh.com or call our team on 0333 241 3082.

70 million work days are lost each year due to mental health problems in the UK, costing employers approximately **£2.4 billion per year**